

Scoring the CRAFFT screening tool

Answers	Risk	Action
“No” to 3 opening questions	No risk	Positive reinforcement
“Yes” to Car question	Riding risk	Discuss alternatives to riding with impaired drivers (Contract for Life)
CRAFFT score = 0	Low risk	Brief advice
CRAFFT score = 1	Medium risk	Brief intervention
CRAFFT score \geq 2	High risk	Referral for further assessment (delivered through brief intervention)

Steps of the brief intervention

Raise subject

“Is it okay with you if we go over the questions you filled out today?” If yes: “I’d like to hear more about your use.”

Provide feedback

“As your medical provider, I recommend not to use alcohol or drugs at all. Substance use can harm teen brain development as well as increase the risk of car accidents, injuries, failing in school, and other problems.”

Enhance motivation

“On a scale of 0-10, how ready are you to stop drinking/using? . . . Why that number and not a ____ (lower number)?”

Negotiate plan

“What would make it easier to stop using drugs or alcohol?” Or, “How could your use impact your life so that you would start thinking about not drinking/using?”

Maine Referral to Substance Abuse Providers:
1-800-499-0027 or 211