

Andrew Kiezulas YPR-ME

Words have Power



"Words have immense power to wound or heal...The right words catalyze personal transformation and offer invitations to citizenship and community service. The wrong words stigmatize and dis-empower."

What is Our Message?

- 'Addict/Alcoholic'
- 'Substance Abuse'
 - 'Relapse'

-William White Author and Recovery Advocate

Exploration of Concepts

- What is Recovery?
 - SAMHSA, 2012
 - a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential
 - Health, Home, Purpose, Community
- Substance Use Disorder
 - DSM-5, 2013
 - A diagnosis based on evidence of impaired control, social impairment, risky use, and pharmacological criteria
 - Spectrum of symptoms from mild, moderate to severe



Words/Concepts We Need to Elevate and Celebrate

- People in/seeking long term recovery, recovery ready communities
- Sustainability, possibility, growth, change

Person first language



RECOVERY IS POSSIBLE

PERSON FIRST LANGUAGE MATTERS

YOU CAN MAKE A DIFFERENCE