

# What is Recovery?

Parts

Signs

Out comes

### SAMHSA Recovery

 A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.

#### A Challenging Conversation

- Paradigm Shift
- Evidence Based
- Harm Reduction
- Transference
- Manipulation

# What are we Doing

- Goals
- Programs
- Interventions
- Individual
- Families
- Communities

### MAR

Dose it Fit