Military 101: An Introduction to the Structure and Culture of the Military

Dedicated Citizens, Ready Soldiers
AGENDA

• MILITARY STRUCTURE/CULTURE

• OFFICIAL SUPPORT RESOURCES

• STATISTICS

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MILITARY STRUCTURE
BRANCHES

• ARMY
• NAVY
• MARINE CORPS
• AIR FORCE
• COAST GUARD

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MILITARY STRUCTURE, COMPONENTS

• ACTIVE

  – RESERVE COMPONENTS:

• NATIONAL GUARD

• RESERVES

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SOME ASPECTS OF MILITARY CULTURE

• ROMANTICISM
• RESILIENCE
• SELF SUFFICIENCY
• CRITICAL
• SARCASTIC
• HUMOROUS
  – MURPHY
COMMON MISCONCEPTIONS OF MILITARY CULTURE

• MONO-PARTISAN
• ROBOTIC
• VIOLENT
• INTOLERANT
• BULLYISH
• STUPID

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BARRIERS TO HEALING

• NON-ACKNOWLEDGEMENT OF PAIN/INJURY
• FEAR OF LOSING JOB
• FEAR OF RIDICULE
• FEAR OF BEING VULNERABLE
• FEAR OF NOT BEING IN CONTROL
THE EFFECTS OF BATTLEFIELD STRESS

PERCEPTION VS. REALITY

THE NATURE OF THIS TYPE OF WAR

Constant Stress
Unclear Enemy
Contentious at home

THE NECESSITY OF “STUFFING IT” (Old food in the cupboard)

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RESOURCES, ACTIVE

• MILITARY TREATMENT FACILITIES
• MEDICAL PERSONNEL/BRAIN INJURY EXPERIENCE
• COMBAT STRESS TEAMS (while deployed overseas)
• CHAPLAINS
• FAMILY SUPPORT

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RESOURCES, RESERVE COMPONENTS

- DEPENDS ON THE STATE
- DEPLOYMENT CYCLE SUPPORT; YELLOW RIBBON
- MAINE MTBI SCREENING INITIATIVE
- PDHA; PDHRA
- VA; VET CENTERS
- VETERANS’ SERVICES
- MILITARY ONESOURCE
- PRIVATE; TRI-CARE or OTHER in other words:

Dedicated Citizens, Ready Soldiers
YOU!!!!

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RESOURCES, RESERVE COMPONENTS

MAINE MILITARY & COMMUNITY NETWORK
1 888 365 9287 (FMLY CTR) 24/7
MaineMCN.org
GOVERNOR’S MILITARY & COMMUNITY LEADERSHIP COUNCIL

Dedicated Citizens, Ready Soldiers
Maine has approximately 7,000 active service members + several active soldiers who have retired here or call Maine their HOR

- Army Guard: 2,100
- Air Guard: 1,000
- Army Reserve: 300
- Navy: 2,000
- Naval Reserve: 250
- Marine Corps Reserve: 160
- Coast Guard: 400
- Active: 940
At a rate of approximately three dependants per service member, that is about 21,000 Mainers who have a direct connection to our security as a nation and who face the constant stress of Deployment and ReDeployment.
The Situation

There are 1.3 million Mainers
There are 154,000 Veterans
Only 45% use Veterans Benefits
Only 35% are eligible for all that VA provides
Family Members are not eligible for VA benefits