

## Client Assessment

Name: \_\_\_\_\_ Client ID: \_\_\_\_\_ Date: \_\_\_\_\_

Clinician: \_\_\_\_\_

**PRESENTING CONCERN:**  Mental health  Substance abuse  Co-occurrence  Co-Occurring Disorders Court

**What does the client say is the reason(s) for seeking services from C&C?** \_\_\_\_\_

**CURRENT MENTAL STATUS:** (Client report, family report, provider report, observed by worker)

<b>Eye Contact:</b>	<input type="checkbox"/> Normal	<input type="checkbox"/> Avoided	<input type="checkbox"/> Scanning	
	<input type="checkbox"/> Staring	<input type="checkbox"/> Other		
<b>Motor Activity:</b>	<input type="checkbox"/> Normal	<input type="checkbox"/> Agitated	<input type="checkbox"/> Restless	
	<input type="checkbox"/> Lethargic	<input type="checkbox"/> Tardif	<input type="checkbox"/> Altered gait	
	<input type="checkbox"/> Tics	<input type="checkbox"/> Other		
<b>Attitude:</b>	<input type="checkbox"/> Cooperative	<input type="checkbox"/> Passive	<input type="checkbox"/> Apathetic	
	<input type="checkbox"/> Uncooperative	<input type="checkbox"/> Combative	<input type="checkbox"/> Other	
<b>Orientation:</b>	<input type="checkbox"/> Person	<input type="checkbox"/> Time	<input type="checkbox"/> Situation	
	<input type="checkbox"/> Place			
<b>Mood:</b>	<input type="checkbox"/> Depression	<input type="checkbox"/> Irritability	<input type="checkbox"/> Sadness	
	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Anger	<input type="checkbox"/> Fear	
	<input type="checkbox"/> Panic Attacks	<input type="checkbox"/> Apathy		

**Appearance** (dress, hygiene, posture, self care):

**Sleep Disturbance:**  Y  N

**Appetite Disturbance:**  Y  N

<b>Energy Level:</b>	<input type="checkbox"/> Normal	<input type="checkbox"/> Increased	<input type="checkbox"/> Decreased	
	<b>Observable Affect:</b>	<input type="checkbox"/> Full Range	<input type="checkbox"/> Flat	<input type="checkbox"/> Euphoric
	<input type="checkbox"/> Blunted	<input type="checkbox"/> Labile	<input type="checkbox"/> Restricted	
	<input type="checkbox"/> Tearful	<input type="checkbox"/> Other		

**Affect Appropriate to Situation:**  Y  N

<b>Hallucinations:</b>	<input type="checkbox"/> Command	<input type="checkbox"/> Auditory	<input type="checkbox"/> Gustatory	
	<input type="checkbox"/> Visual	<input type="checkbox"/> Olfactory	<input type="checkbox"/> Tactile	
<b>Delusions:</b>	<input type="checkbox"/> Bizarre	<input type="checkbox"/> Grandeur	<input type="checkbox"/> Religious	
	<input type="checkbox"/> Non-Bizarre	<input type="checkbox"/> Paranoid	<input type="checkbox"/> Persecutory	
	<input type="checkbox"/> Somatic			
<b>Thought Disturbance:</b>	<input type="checkbox"/> Irrational	<input type="checkbox"/> Loose Association	<input type="checkbox"/> Tangential	
	<input type="checkbox"/> Distracted	<input type="checkbox"/> Perseveration	<input type="checkbox"/> Blocking	
	<input type="checkbox"/> Circumstantial	<input type="checkbox"/> Flight of ideas		

**Memory Impairment:**  Y  N

**Difficulty Concentrating:**  Y  N

Name: \_\_\_\_\_

Client ID: \_\_\_\_\_

Speech:

<input type="checkbox"/> Normal	<input type="checkbox"/> Variable	<input type="checkbox"/> Mute	
<input type="checkbox"/> Loud	<input type="checkbox"/> Mumble	<input type="checkbox"/> Slurred	
<input type="checkbox"/> Soft	<input type="checkbox"/> Slow	<input type="checkbox"/> Pressured	
<input type="checkbox"/> Incoherent			

Obsessions:  Y  N

Compulsions:  Y  N

Insight:

<input type="checkbox"/> Excellent	<input type="checkbox"/> Good	<input type="checkbox"/> Poor	<input type="checkbox"/> Severe
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Judgment:

<input type="checkbox"/> Excellent	<input type="checkbox"/> Good	<input type="checkbox"/> Poor	<input type="checkbox"/> Severe
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Impulse Control:

<input type="checkbox"/> Excellent	<input type="checkbox"/> Good	<input type="checkbox"/> Poor	<input type="checkbox"/> Severe
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Decision Making:

<input type="checkbox"/> Excellent	<input type="checkbox"/> Good	<input type="checkbox"/> Poor	<input type="checkbox"/> Severe
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Intellectual Ability:

<input type="checkbox"/> Mild Impairment	<input type="checkbox"/> Moderate Impairment	<input type="checkbox"/> Severe Impairment	
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Meeting basic needs/keep self safe:  Y  N  DHHS report Describe: \_\_\_\_\_

History of trauma, physical abuse or sexual abuse:  Y  N Describe: \_\_\_\_\_

Family history of mental illness?  Y  N Describe: \_\_\_\_\_

SUBSTANCE USE/ABUSE: Source of information:  Client report  Documentation  Other: \_\_\_\_\_

Please indicate use:	Past	Present	Amount	Frequency	Age of first use	Last Use
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>				
Nicotine	<input type="checkbox"/>	<input type="checkbox"/>				
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>				
Marijuana	<input type="checkbox"/>	<input type="checkbox"/>				
Cocaine	<input type="checkbox"/>	<input type="checkbox"/>				
Amphetamine	<input type="checkbox"/>	<input type="checkbox"/>				
Sedative	<input type="checkbox"/>	<input type="checkbox"/>				
Hallucinogen	<input type="checkbox"/>	<input type="checkbox"/>				
Inhalant	<input type="checkbox"/>	<input type="checkbox"/>				
Opiate	<input type="checkbox"/>	<input type="checkbox"/>				
Prescription meds:	<input type="checkbox"/>	<input type="checkbox"/>				
Over-the-counter:	<input type="checkbox"/>	<input type="checkbox"/>				
Other:	<input type="checkbox"/>	<input type="checkbox"/>				

Comment:


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- What is the client's primary substance of choice? \_\_\_\_\_
- What is the client's secondary substance of choice? \_\_\_\_\_

Complete for each significant substance use indicated above.

	<i>Substance:</i>		<i>Substance:</i>		<i>Substance:</i>		<i>Substance:</i>	
<b>Indicators of Dependence</b>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>
<input type="checkbox"/> Increased Tolerance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Withdrawal Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Loss of control of amount	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Persistent desire/effort to reduce or control use	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Considerable time spent obtaining, using or recovering	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Reduced importance of significant activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Continued use in spite of problems caused by use.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>If three of the above criteria are not met, continue by assessing the following:</b>								
<b>Indicators of Substance Abuse</b> <i>(Only complete when the criteria for dependence have not been met)</i>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>	<b>Current</b>	<b>Past</b>
<input type="checkbox"/> Recurrent use in physically hazardous situations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Recurrent substance-related legal problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Continued use despite persistent or recurrent social/relationship problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Comment on additional SA concerns:</i>								

For SA clients, has the client had a physical within the past 30 days? Y N

Any history of attempts to quit Substance Use? Y N NA If yes, describe, including supports and barriers: \_\_\_\_\_

\_\_\_\_\_

During relapse periods, describe what was happening with the client's relationships (spouse, partner, children, parents), work/school, money, mental health issues: \_\_\_\_\_

Family history of substance abuse? Y N Describe: \_\_\_\_\_

\_\_\_\_\_

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**PATTERN OF CO-OCCURRENCE:**

Does the client think there is an interaction between his/her mental health issues and substance use?  Y  N  NA

Explain: \_\_\_\_\_

If any criminal history, does the client feel that his/her mental health and/or substance use influence his/her criminal behavior?  Y  N  NA Explain: \_\_\_\_\_

**MEDICAL:**

Does client (or parent/guardian) feel any medical condition might be affecting his/her mental health or substance use?

Y  N Describe: \_\_\_\_\_

Does the client have any dental concerns?  Y  N Explain: \_\_\_\_\_

Are the client's nutritional needs met?  Y  N Comment: \_\_\_\_\_

Any physical or environmental barriers to the client participating in his/her treatment?  Y  N Explain: \_\_\_\_\_

**CLIENT STRENGTHS/RESOURCES:**

What strengths does the client bring to the treatment relationship? \_\_\_\_\_

How does the client rate his/her natural support system? \_\_\_\_\_

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**TREATMENT FOCUS:**

What are the areas that the client would like to address in treatment? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Client Stage of Change: (For Co-occurring Disorders, complete both below)

MH Disorder:  Pre-contemplative  Contemplative  Preparation  Action  Maintenance

SA Disorder:  Pre-contemplative  Contemplative  Preparation  Action  Maintenance

Clinical Summary including presenting problem, client's perspective of the problem, treatment direction(s): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_

Axis	Code	Description
I.		
II.		
III.		
IV.		
V.	GAF	On Admission: _____ Highest in past year: _____

Treatment Recommendations: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Clinician's Signature/Credentials: \_\_\_\_\_ Date: \_\_\_\_\_

Supervisor's Signature/Credentials: \_\_\_\_\_ Date: \_\_\_\_\_