

JOHN R. JORDAN, Ph.D.

John R. Jordan, Ph.D.
Voice & Fax: 401-305-3051

10 Exchange Ct. – Unit 401, Pawtucket, RI 02860
E-Mail: jjordan50@aol.com

GRIEF AFTER SUICIDE: *WALKING THE JOURNEY WITH SURVIVORS*

Professional Reading List

1. American Foundation for Suicide Prevention (2011) *After a suicide: A toolkit for schools*. Available at: www.afsp.org/files/Surviving/toolkit.pdf.
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3. Berman, A. (2011). Estimating the Population of Survivors of Suicide: Seeking an Evidence Base. *Suicide and Life-Threatening Behavior*, 41(1), 110-116.
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18. Dyregrov, K., Plyhn, E., Dieserud, G., & Oatley, D. (2012). *After the suicide: Helping the bereaved to find a path from grief to recovery*. London, England: Jessica Kingsley Publishers.
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20. Dunne, E.J., McIntosh, J.L., & Dunne-Maxim, K. (1987) *Suicide and Its Aftermath: Understanding and Counseling the Survivors* New York, NY: W.W. Norton & Co.
21. Elder, S. L., Knowles, D., & Webb, N. B. (2002). Suicide in the family. In *Helping bereaved children: A handbook for practitioners* (2nd ed.). (pp. 128-148): Guilford Press: New York.
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adult suicide attempts: Findings from a national survey. *Archives of Suicide Research*, 15(4), 313-326. doi: 10.1080/13811118.2011.615694

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Pawtucket, RI 02860-2261 USA

E-mail: jjordan50@aol.com
Tel. 401-305-3051

SURVIVING AFTER SUICIDE LOSS

Recommended Readings for Survivors

_Baugher, Bob & Jordan, Jack *After Suicide Loss: Coping With Your Grief*. Available from Bob Baugher, Ph.D., 7108 127th Place S.E., Newcastle, WA 98056-1325 or b_kbaugher@yahoo.com, 2002.

_Bolton, Iris *My Son...My Son: A Guide to Healing After Death, Loss or Suicide* Atlanta. GA: Bolton Press, 1983.

_Cammarata, Doreen *Someone I Love Died by Suicide: A Story for Child Survivors and Those Who Care for Them*. Grief Guidance, Inc., 2001. (www.griefguidance.com).

_Chalifour, Francis *After*. Tundra, 2005.

_Collins, Judy *Sanity and Grace: A Journey of Suicide, Survival, and Strength*. Tarcher/Penguin, 2003.

_Colt, George Howe *November of the Soul: The Enigma of Suicide* New York: Scribner: Books, 2006.

_Dougy Center for Grieving Children. *After Suicide: A Workbook for Grieving Kids*. Dougy Center, 2001 (www.dougy.org/).

_Feigelman, W., Jordan, J.R., McIntosh, J, & Feigelman, B. (2012) *Devastating losses: How parents cope with the death of a child to suicide or drugs*. New York, NY: Springer Publishers.

_Fine, Carla *No Time to Say Good-Bye: Surviving the Suicide of a Loved One* New York: Doubleday, 1997.

_Goldman, Linda *Great Answers to Difficult Questions about Death: What Children Need to Know about Death* Jessica Philadelphia, PA: Jessica Kingsley Publishers, 2009.

_Jamison, Kay Redfield *An Unquiet Mind: A Memoir of Moods and Madness*. New York, NY: Knopf, 1995

_Jamison, Kay Redfield *Night Falls Fast: Understanding Suicide*. New York, NY: Knopf, 1999.

_Joiner, Thomas *Myths About Suicide* Cambridge, MA: Harvard University Press, 2011.

_Joiner, Thomas *Why People Die by Suicide* Cambridge, MA: Harvard University Press, 2006.

_Kosminsky, Phyllis *Getting Back to Life When Grief Won't Heal* New York, NY: McGraw-Hill, 2007.

_Lester, David *Making Sense of Suicide: An In-Depth Look at Why People Kill Themselves* Philadelphia, PA: Charles Press, 1997.

_Linn-Gust, M., & Cerel, J. *Seeking Hope: Stories of the Suicide Bereaved* (Eds.). Albuquerque: Chellehead Works (2011).

_Linn-Gust, M., & Peters, J. (2010). *A Winding Road: A Handbook for Those Supporting the Suicide Bereaved*. Albuquerque: Chellehead Works, 2010.

_Linn-Gust, M. *Rocky Roads: The Journeys of Families through Suicide Grief*. Albuquerque, NM: Chellehead Works, 2010.

_Linn-Gust, M. *Do they have bad days in heaven? Surviving the suicide loss of a sibling*. Atlanta, GA: Bolton Press, 2001 (Chellehead Works 2002).

_Marcus, Eric *Why Suicide?* New York, NY: Harper-Collins, 2010.

_Meyers, Michael & Fine, Carla *Touched by Suicide: Hope and Healing After Loss* New York, NY: Gotham Books, 2006.

_Rappaport, Nancy *In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide* New York, NY: Basic Books, 2009.

_Requarth, Margo *After a Parent's Suicide: Helping Children Heal*. Sebastopol, CA: Healing Hearts Press, 2006 (www.HealingHeartsPress.com).

_Rubel, Barbara. *But I Didn't Say Goodbye: For Parents and Professionals Helping Child Suicide Survivors*. Griefwork Center, Inc. 2000.

_Slaby, Andrew & Garfinkel, Lili *No One Saw My Pain: Why Teens Kill Themselves* New York, NY: W.W. Norton & Co., 1994.

_Solomon, Andrew *The Noonday Demon: An Atlas of Depression* New York, NY: Scribner, 2001.

_Styron, William *Darkness Visible: A Memoir of Madness*. New York, NY: Random House, 1990.

_Wise, Terry L. *Waking Up-Climbing Through The Darkness* Oxnard, CA: Pathfinder Publishing, 2004.

_Wroblewski, A. & Reidenberg, D. *Suicide: Why? 85 Questions and Answers*, 3rd Ed. SAVE (Suicide Awareness Voices of Education), 2005. (<http://www.save.org/>)

Book Services:

These book services specialize in a wide range of books related to loss and bereavement, for children, adolescents, and adults.

_ Compassion Books Burnsville, NC – Telephone - 1-800-970-4220
<http://www.compassionbooks.com/store/>

_ Centering Corporation – Omaha, NE – Telephone - 866-218-0101 <http://www.centering.org/>

Organizations and Online Resources:

All of these groups have resources for survivors.

_American Association of Suicidology - 5221 Wisconsin Avenue, NW Washington, DC 20015
Telephone 202-237-2280. www.suicidology.org/

_American Foundation for Suicide Prevention 120 Wall Street – 29th Floor, New York, NY-10005
Telephone 888-363-3500. www.afsp.org/

_Center for Suicide Prevention Suite 320, 1202 Centre Street S.E.
Calgary, AB T2G 5A5, Canada – Telephone: 403-245-3900. <http://suicideinfo.ca/>.

_ Parents of Suicide and Friends and Families of Suicide - <http://www.pos-ffos.com/> - online web resources for parents bereaved by suicide, and other family members/friends bereaved by suicide (siblings, children, spouses, friends, etc.).

_ Samaritans Grief Support Services – 41 West St., 4th Floor - Boston, MA 02111 Telephone: 877 870 4673. www.samaritanshope.org/

_ Samaritans of Rhode Island – Telephone: 401-272-4044 - www.samaritansri.org/home.htm

_ SAVE (Suicide Awareness Voices of Education) - 8120 Penn Ave. S., Suite 470, Bloomington, MN – 55431 – Telephone 952- 946-7998.

_ Sibling Survivors.com - <http://siblingsurvivors.com/sibling-grief/> - for survivors of the death of a sibling to suicide.

_ Suicide: Finding Hope - <http://www.suicidefindinghope.com/>

_ Suicide Grief Support: Quick Reference – a comprehensive listing of support resources for suicide survivors. - <https://sites.google.com/a/personalgriefcoach.com/suicidegriefsupport/> or sg.sg/griefreference

_ Suicide Grief Support Forum - <http://www.suicidegrief.com>