The background of the slide features a close-up photograph of autumn leaves in various shades of yellow, orange, and red, scattered across a rustic wooden surface with visible vertical grain patterns.

# Recovery Oriented Systems of Care: The New Face of Health Care

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# Defining Our Terms

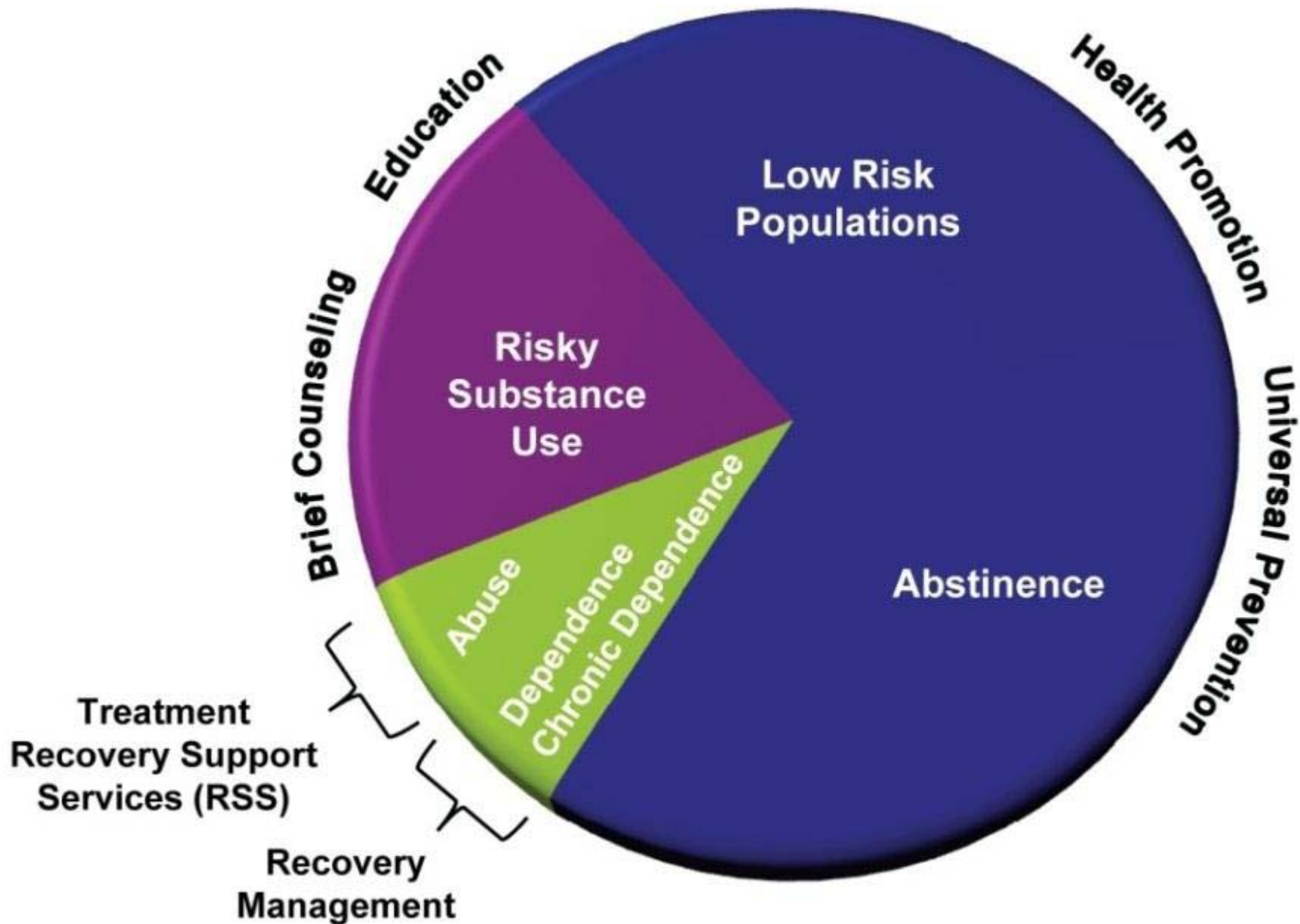
OAMHS offers the following two definitions to distinguish between the process of recovery and the provision of recovery-oriented care by service providers.

- Recovery is: *A journey of healing and transformation that enables a person to live a meaningful, satisfying, and contributing life in a community of his or her choice. Recovery is an individual process, a way of life, an attitude, and a way of approaching life's challenges. The need is to meet the challenges of one's life and find purpose within and beyond the limits of the illness while holding a positive sense of identity.*
- Recovery-oriented care is: *The treatment and rehabilitation that practitioners offer in support of the person's own recovery journey.*

# ROSC in the New Health Care Environment

- *“A ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strengths and resiliencies of individuals, families, and communities to achieve abstinence and improved health, wellness, and quality of life for those with or at risk of alcohol and drug problems.”*

	Prevention	Intervention	Treatment	Post-Treatment
Recovery-Oriented Activities	<ul style="list-style-type: none"> <li>•Early screening before onset</li> <li>•Collaborate with other systems, e.g., Child welfare</li> <li>•Stigma reduction activities</li> <li>•Refer to intervention treatment services</li> </ul>	<ul style="list-style-type: none"> <li>•Screening</li> <li>•Early intervention</li> <li>•Pre-treatment</li> <li>•Recovery support services</li> <li>•Outreach services</li> </ul>	<ul style="list-style-type: none"> <li>•Menu of treatment services</li> <li>•Recovery Support services</li> <li>•Alternative services and therapies</li> <li>•Prevention for families and siblings of individuals in treatment</li> </ul>	<ul style="list-style-type: none"> <li>•Continuing care</li> <li>•Recovery support services</li> <li>•Check-ups</li> <li>•Self-monitoring</li> </ul>



**Recovery Management (RM)**  
 Recovery Management engages individuals with chronic substance use conditions and

**Recovery-Oriented Systems of Care (ROSC)**  
 ROSC encompass the general population, at-risk populations, harmful users of alcohol and

# Guiding Principles of Recovery

1. Recovery emerges from hope
2. Recovery is person-driven
3. Recovery occurs via many pathways
4. Recovery is holistic
5. Recovery is supported by peers and allies
6. Recovery is supported through relationships and social networks
7. Recovery is culturally based and influenced
8. Recovery is supported by addressing trauma
9. Recovery involves individual, family, and community strengths and responsibility
10. Recovery is based on respect

# Maine Practice Guideline Domains

- Domain One: Recovery–Oriented Care Is Consumer Driven
- Domain Two: Recovery–Oriented Care Maximizes the Use of Natural Supports and Settings
- Domain Three: Recovery–Oriented Care Is Person Centered
- Domain Four: Recovery–Oriented Care Is Timely, Responsive, and Trustworthy
- Domain Five: Recovery–Oriented Care Is Effective, Equitable, and Efficient



<https://www.youtube.com/watch?v=fG8dIDycuBg>



# Group Exercise

SAMHSA Recovery Oriented Systems of Care  
Guidelines, September 2010

**Appendix B: Domain Self-Assessment Checklists**

# Resources

- Guiding Principles and Elements of Recovery-Oriented Systems: What do we know from the research?  
[http://pfr.samhsa.gov/docs/Guiding\\_Principles\\_Whitepaper.pdf](http://pfr.samhsa.gov/docs/Guiding_Principles_Whitepaper.pdf)
- Recovery as an Organizing Concept  
[http://www.facesandvoicesofrecovery.org/pdf/recovery\\_symposium/GLATTCInterviewClark.pdf](http://www.facesandvoicesofrecovery.org/pdf/recovery_symposium/GLATTCInterviewClark.pdf)
- Building Resilience, Wellness and Recovery: A Shift from Acute Care to a Sustained Care Recovery  
<http://www.nattc.org/> Go to Resources & Publications; Type 'Building Resilience, Wellness and Recovery' in Search bar and press 'Go.'
- Connecticut Department of Mental Health and Addiction Services: Proposed Model for Mental Health Recovery and Recovery-Oriented Services  
<http://www.ct.gov/dmhas/lib/dmhas/recovery/mhmodel.pdf>
- The Institute for Research, Education, and Training in Addictions (IRETA)  
<http://www.ireta.org/>

# Resources

- Faces and Voices of Recovery: Guide to Mutual Aid Resources  
<http://www.facesandvoicesofrecovery.org/resources/support/index.html>
- Perspectives on Systems Transformation: How Visionary Leaders are Shifting Addiction Treatment Towards a Recovery-Oriented System of Care (ROSC)  
<http://www.attcnetwork.org/regcenters/productdetails.asp?prodID=258&rcID=3>
- Coalition for Whole Health: Summary of Recommendations for Including Mental Health and Substance Use Disorder Prevention, Treatment, Rehabilitation, and Recovery in Health Reform  
[http://lac.org/doc\\_library/lac/publications/CWHHealthcare\\_Reform\\_Recommendations--summary.pdf](http://lac.org/doc_library/lac/publications/CWHHealthcare_Reform_Recommendations--summary.pdf)
- The Effects of Health Care Reform on Access to, and Funding of, Substance Abuse Services in Maine, Massachusetts, and Vermont  
[http://www.nasadad.org/resource.php?base\\_id=2104](http://www.nasadad.org/resource.php?base_id=2104)
- Vermont Health Care Reform Legislation  
<http://hcr.vermont.gov/legislation>