

State Adolescent Treatment Enhancement Dissemination (SAT-ED)

A State wide initiative to enhance and expand treatment and recovery services for adolescents (12-18 years old) with substance use disorder and substance use disorder with co-occurring mental health disorders.

CCSME Conference
The Rx Generation:
Alternatives to the Use of
Psychiatric Medications with Children
September 19-20, 2013

The State Adolescent Treatment Enhancement Dissemination is a cooperative agreement with federal SAMHSA.

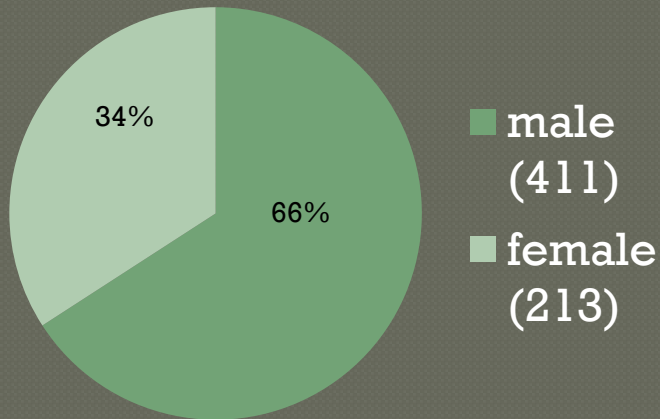
The SAT-ED was designed to bring together stakeholder across the child-serving systems to develop or enhance a coordinated network that will **develop policies, expand workforce capacity, disseminate evidence-based practices, and implement financial mechanisms** and other reforms to improve the integration and efficiency of the adolescent substance use, co-occurring substance use and mental health disorders treatment and recovery support system.

Working with Department of Corrections, Department of Education, Office of Children and Family Services, MaineCare, MeCDC, numerous non-profits, schools, and providers in the State.

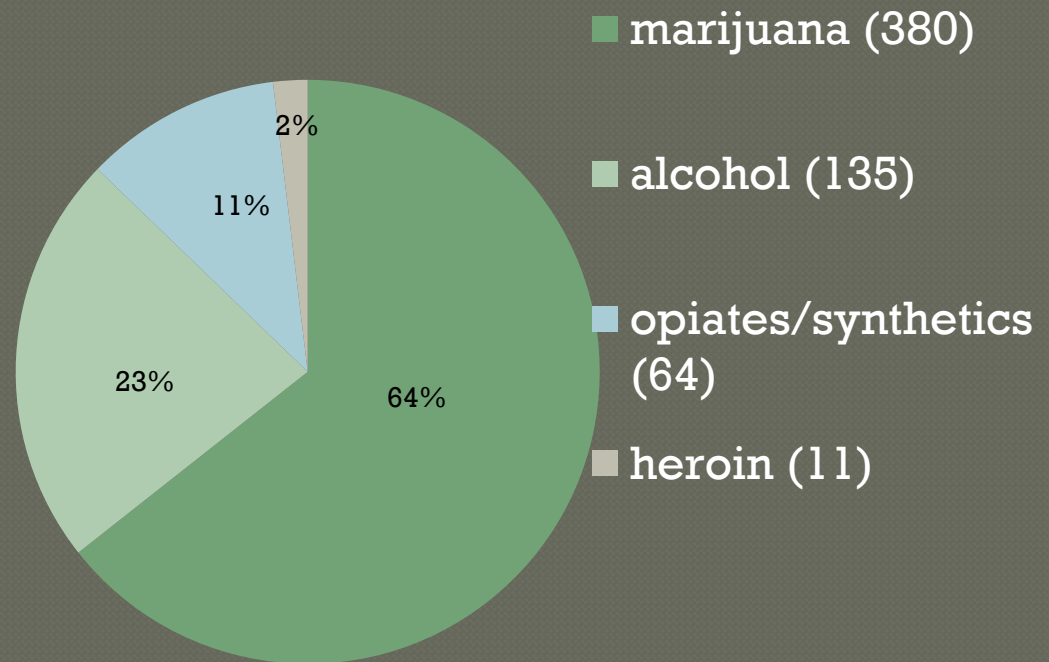
YOUTH SUBSTANCE ABUSE IN MAINE

624 TOTAL NUMBER OF 12-18 YEAR OLDS WHO RECEIVED SUBSTANCE ABUSE TREATMENT SERVICES FY'12

Breakdown by Gender



Breakdown by Primary Drug



BREAKDOWN BY ETHNICITY AND RACE

Ethnicity	Client ID
Cuban	2
Hispanic - Specific Origin Not Specified	2
Mexican	6
Not Hispanic Or Latino	597
Other Specific Hispanic	5
Puerto Rican	12
Total for 2012	624

Race	Client ID
American Indian or Alaskan Native	9
Asian	3
Black or African American	48
Native Hawaiian or Other Pacific Islander	1
Other	15
White	548
Total for 2012	624

Criminal Justice Status of those 624 receiving treatment

2012	Awaiting Court	115
	Drivers License Revocation (Not DEEP involved)	1
	Formal Adjudication	6
	Furloughed	4
	Other	28
	Probation/Parole	155
	Serving Sentence (Jail/Prison)	75
2012 total		384

Agencies providing SUD treatment to the 624 total youth

Of the 40 agencies, the following 9 provided treatment services to the greatest number of clients:

Community Concepts (Oxford and Androscoggin), 86

Day One, Outpatient (Cumberland), 60

Common Ground (Oxford), 56

Phoenix House (Kennebec) 52

Day One, (Long Creek Detention Center), 46

Aroostook Mental Health (Aroostook), 29

Life By Design (Aroostook) 27

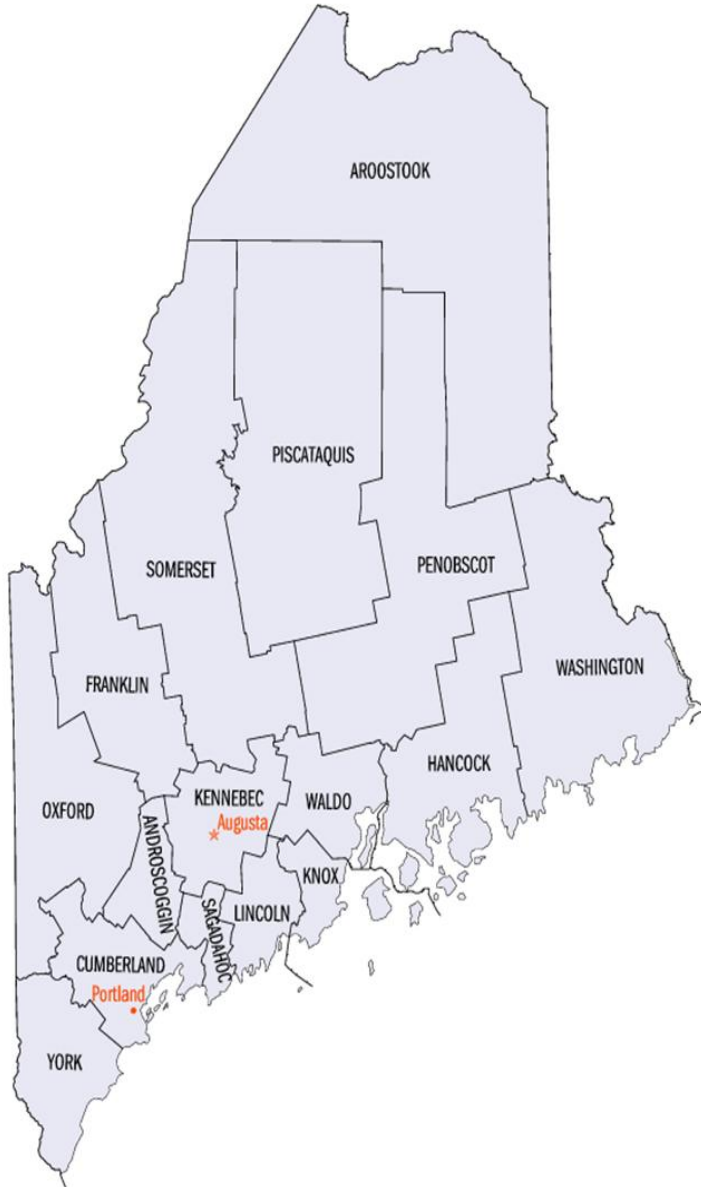
Day One (JHC), 26

Day One (Mountain View Detention Center), 26



Breakdown by County of Residence

12-18 year old male



Cumberland, 72
Oxford, 55
York, 53
Aroostook, 47
Androscoggin, 42
Kennebec, 26
Sagadahoc, 26
Penobscot, 23
Hancock, 13
Waldo, 12
Somerset, 11
Knox, 10
Washington, 7
Franklin, 6
Lincoln, 5
Piscataquis, 1
Out of State, 2

Partners in the Pilot Program

SAT-ED partnered with **Kennebec Behavioral Health** and **Day One**, agencies that provide substance abuse and mental health services for the targeted population.

These two agencies utilize the **AC-OK** for screening clients for SUD/Co-occurring , The **Global Appraisal of Needs (GAIN)** for assessment, and the **Adolescent Community Reinforcement Approach (ACRA)** for treatment.

These tools were written into the application for the SAT-ED and have been approved by federal SAMHSA based on their effectiveness.

Hornby Zeller Associates (HZA) is the lead evaluation agency for this initiative.

SAT-ED Project Requirements

- 1. Partner with two community-based substance abuse and mental health treatment sites to:
 - -Implement family inclusive evidence based assessment and treatment for the amelioration of substance use and co-occurring substance use and mental health disorders for adolescents and their families;
 - -Ensure the certification of the sites and the clinicians with a “train-the-trainer” model to ensure sustainability;
 - -Begin the process of dissemination of the intervention to other provider agencies throughout Maine so as to ensure an increasing number of sites and clinicians will be trained in the intervention to serve a greater population of youth in Maine.

Progress: Pilot Provider Sites

Between the two agencies, eleven clinicians are certified to administer the ACRA treatment model.

As of August 2013, more than 40 youth have begun receiving treatment using the Adolescent Community Reinforcement Approach (ACRA)

Clinicians are seeing clients in Portland, South Portland, Augusta, Waterville, Skowhegan, Rockland and in many schools throughout these towns.

SAT-ED Project Requirements

cont.

- 2. Link and coordinate with other child-serving systems through establishing a council or adding to an existing one. The purpose is to promote comprehensive, integrated services for youth with substance use or co-occurring substance use and mental disorders. Such service systems include but are not limited to: mental health, education, health, child welfare, juvenile justice, and Medicaid. Youth and family members must be key members of this council. Responsibilities of this council include but are not limited to: identifying service gaps, developing and implementing a State -wide work plan, participating in infrastructure reform, policy development, youth and family involvement at the policy and practice level.

Progress: Creating an Advisory Council for the enhancement of adolescent treatment and recovery services

SAT-ED has begun the process of identifying people within state agencies and in the community with an interest and ability to affect change at the policy, practice and program level.

Current members include:

- Office of Child and Family Services
- Maine Center for Disease Control and Prevention
- Maine Association of Substance Abuse Program Inc.
- Maine Alliance for Addiction Recovery
- Maine Care
- Department of Juvenile Corrections

And youth in recovery

SAT-ED Project Requirements

cont.

- 3. Create a State wide multi-year workforce training implementation plan to provide training in the specialty adolescent behavioral health (substance use disorder/co-occurring substance use and mental disorder) treatment/recovery sector and in other child-serving agencies.

Progress: Workforce Development

SAT-ED's workforce development initiative will take place through conferences, workshops, lectures and interagency training and collaboration to increase the knowledge, skills and abilities in the following areas:

- Adolescent brain development and behavioral health;
- Trauma informed care;
- Gender based issue in treatment and recovery;
- Co-occurring MH/SA issues;
- Importance of recovery and after care planning;
- Available Evidence Based Practices within the state;
- Importance of a shared vocabulary of key terms;
- Cross agency integration/ collaboration for enhance service.

SAT-ED Project Requirements

cont.

- ④ 4. Link and coordinate with financing mechanisms which include but are not limited to: SAPT Block grant, Medicaid/CHIP, private insurance, and other funding streams that provide substance use treatment and recovery support services to adolescents and their families.

Project Requirements

cont.

- 5. Develop a cross-agency State -wide financial map of Federal and State financial resources which include but are not limited to Medicaid/CHIP, SAPT Block Grant, and other funding streams available to deliver evidence-informed substance use and co-occurring substance use and mental disorders treatment and recovery support services to adolescents and their families. The financial map will be used to track the increase of public insurance (Medicaid/CHIP) resources used to provide treatment/recovery services for adolescents with substance use and co-occurring substance use and mental disorders and the redeployment of other public financial resources to expand the continuum of treatment/recovery services and supports across child serving systems.

Progress: Financial Mapping

The goal of financial mapping is to create a more coordinated financing system across agencies to maximize the resources and financing mechanisms used to pay for treatment and recovery services.

~~SAT-ED will utilize the support of a third party to access Federal, state, local and private resources within the state that fund treatment and recovery.~~

This map will be used for:

- System redesign
- Improve infrastructure
- Provide enhanced access and supply for various agencies
- Improved tracking of utilization and expenditure of services

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